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Erasmus+ Programme  
of the European Union

# Project Erasmus+ KA229 School Exchange Partnerships



## MESSAGE IS GOT

«MESSAGE IS GOT»

**Poland:** Szkola Podstawowa nr 6

**Türkiye:** Hacı Süleyman Çakır Kız Anadolu Lisesi

**Portugal:** Agrupamento de Escolas de Benavente

**Latvia:** Daugavpils 12. vidusskola

**Italy:** Liceo Classico Federico Frezzi - Beata Angela



Erasmus+



# The Project

This Erasmus Project KA229 was focused on Internet and Social Media addiction, Media and Information Literacy, Fake News and Cyberbullying. It was implemented by Poland, Türkiye, Portugal, Italy and Latvia.

Internet and social media addiction, cyberbullying, fake news problems, adaptation to emerging digital culture, access to reliable information, online personal privacy violations, data security and various forms of digital fraud are among the fields of our project interest.





# Project Goals



- Support individuals in the acquisition and development of basic skills and key competencies;
- Improve creative, communication, collaborative and critical thinking skills (4C skills);
- Promote sociability, flexibility, productivity, the spirit of initiative and leadership;
- Provide students with the knowledge and skills to critically evaluate information and media;
- Take advantage of the opportunities offered by social media in a safe and ethical way;
- Ensure accuracy, fight disinformation and educate new consumers;
- Develop journalistic skills;
- Recognise cyberbullying identifiers and be able to reduce their risks;
- Encourage students to be accountable for what they write and share in the media;
- Strengthen the profiles of teachers;
- Share good practices at the European level and analyze teaching systems in other partner schools;
- Develop the communication skills of students and teachers in the foreign language and digital skills through the LTTA and the eTwinning platform;
- Share common values, civic commitment and participation;
- Become committed citizens and responsible for their own decisions by evaluating the source, context, message and medium used, allow people ;
- Increase the EU citizenship, awareness and democracy;
- Improve media and information education.

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## Objectives

### Students:

- To become more social media literate which is a prerequisite for young people to become active and informed citizens;
- Take full advantage of the opportunities of social media in a safe and ethical way;
- Learn to choose which platform best benefits them and their audience and what the potential consequences of posting are, especially in this digital era;
- Feel part of the society by sharing personal thoughts on media in a safe way;
- Be aware of when, where and how to share and how to analyse manipulation of information on the media;
- Boost their self-confidence, sense of initiative and awareness of different cultures;
- Have better social interaction on social media;
- Build a stronger, more positive digital footprint for the future;
- Have more active participation in society;
- Increase critical thinking and learn the consequences and ethics of each social media post.





## Objectives

### Teachers:

- Develop their professionalism owing to the exchange of experiences and shared good practices, especially regarding teaching methodology and cultural activities;
- Integrate into their lesson plans and courses and transfer the knowledge to other stakeholders;
- More exposure to international projects and different cultures.

### Host School:

- Increase their local, national and international visibility;
- Become a leader in the area regarding the good implementation and management of Erasmus+ projects whilst increasing a stronger bond with teachers from 4 different European schools.

### Partner Schools:

- Develop more participatory, school-based social media literacy strategies tailored to the needs of their local school communities;
- Provide their pupils with opportunities to think about their actions and the actions of others, and how to be smart, kind and safe with social media;
- Increased their local, national and international visibility.





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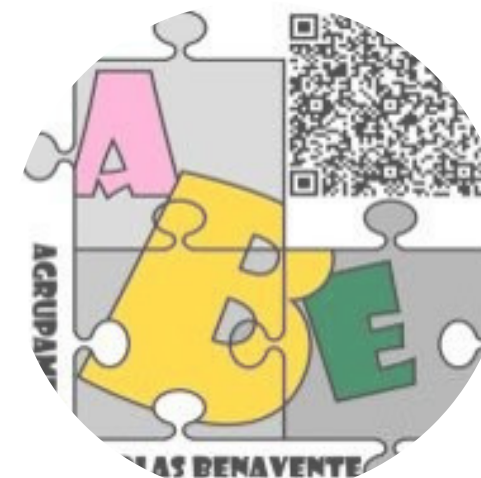
Coordinator:  
**Poland**

School:  
**Szkola Podstawowa nr 6**



Partner-country:  
**Türkiye**

School:  
**Hacı Süleyman Çakır Kız  
Anadolu Lisesi**



Partner-country:  
**Portugal**

School:  
**Agrupamento de Escolas  
de Benavente**



Partner-country:  
**Latvia**

School:  
**Daugavpils 12. vidusskola**



Partner-country:  
**Italy**

School:  
**Liceo Classico Federico Frezzi  
- Beata Angela**





# Activities

## Short-term exchanges of group of pupils

Activity No	Activity Title	Start/end Date	Country of Venue	Duration (days)
C1	Conscious Social Media Users	2021-12 -06/10	Poland	5
C2	No More Exposed to Desinformation	2022-03-21/25	Portugal	5
C4	We Are Against Cyberbullying	2022-04-25/29	Türkiye	5
C3	We Are Presenting Media in Different Ways	2022-09-26/30	Latvia	5
C5	We Are producers of Media	2022-11-14/18	Italy	5



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# 1st Mobility

## «Conscious Social Media Users»

### Poland



The first mobility under the slogan "Conscious Social Media Users" took place between the 6th-10th of December 2021 at the Primary School Janusz Korczak situated in **Kolobrzeg**, Poland.

The meeting was attended by eight teachers and twenty students from Türkiye, Latvia, Portugal and Italy, plus the Polish team.

The proceedings started with the introduction and welcoming speech by the headmaster of Primary School No. 6 in Kołobrzeg, Andrzej Haraj to all project participants. This was followed by a presentation by our local students of Primary School No. 6 with facts, stories and information concerning Poland, and especially our city – Kołobrzeg – and our school. This was followed by presentations by the students from Türkiye, Italy, Portugal and Latvia regarding their respective countries, cities and schools.





## 1st Mobility - «Conscious Social Media Users» - Poland

### Main activities:

- Welcome dinner to get introduced to a warm environment; Departure for the hotels/host families;
- Implementing the icebreaker “Human Outline” to get introduced;
- Welcoming: Meeting the participants and tour around the school under the guidance of students;
- Energizers: each morning, a partner country was responsible for promoting an icebreaker group dynamic;
- Watching Poland's project preparation adventure video, presentations of guest institutions and follow-up discussion;
- Cultural exchange: International food market stalls (food brought by participants); sharing traditional songs and dances in the native languages;
- Meeting with the Mayor to introduce the project;
- Cultural tours/outdoor learning activities: visits to important historical places;
- Attending classes in the host school to see interdisciplinary works;





## 1st Mobility - «Conscious Social Media Users» - Poland



- Workshops: The key aspects of digital footprint to form positive online image; Preparing posters about positive digital footprint; Watching videos of partners on What is digital citizenship? and discussion of its content with all participants, moderated by Poland; Preparation of a podcast about digital rights; Pros and cons of social media; Preparation of a social media literacy strategy plan with all participants to take full advantage of the opportunities of social media in a safe and ethical way; Creating sharable social media content in different social media platforms (Facebook, Instagram, Twitter, Youtube); “Is this story share-worthy?” - using a flowchart to gauge the value of news stories, including fake news, poor quality news, opinion journalism, biased news and high-quality stories, and decide whether it deserves to be linked, shared or retweeted;
- Workshops for teachers about the best examples of gamification in MIL;
- The conclusions and evaluation of LTTA; self reflection and feedback forms will be filled in; certificates of attendance to all participants will be given in the closing ceremony attended by host students, parents, school staff





## 1st Mobility - «Conscious Social Media Users» - Poland - *Photo dump*

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# «No More Exposed to Disinformational Media»

## Portugal



The second mobility under the slogan "No More Exposed to Social Media disinformation" occurred between the 21st - 25th of March 2022 at the Agrupamento de Escolas de **Benavente**, in Portugal.

The meeting was attended by eight teachers and twenty students from Türkiye, Latvia, Poland and Italy, plus the Portuguese team.

As for methodology ICT, workshops, excursions, international group and self-works, scaffolding, Inquiry-based and Cooperative Learning, and Textual and visual analyses were used. Great emphasis was put on students with fewer opportunities and they were also involved.

Moreover, to disseminate activities better in the host school, an LTTA Guide (collection of project activities and methods) was created to be given to school staff. The project activities were integrated into the school timetable.





## 2nd Mobility - «No More Exposed to Disinformational Media» - Portugal

As for results, students were leered at what they see or read at face value and get acquainted with the traps of media manipulation, which boosted their cognitive, and digital skills and sense of initiative. Teachers were inspired by their colleagues about MIL activities in the LTT. Pupils and teachers broadened their horizons and empowered their common sense of European identity and respect for cultural differences.

### Main activities:

- Icebreaker to get introduced/meet the participants and tour around the school under the guidance of pupils;
- Opening Ceremony: «Hello and welcome»;
- Group dynamic: socialisation promoted by the Portuguese team («Kissing Game» and «Get your Message»);
- Energizers: each morning, a partner country was responsible for promoting an icebreaker group dynamic;
- Watching Portugal's project preparation adventure video, presentations of guest institutions and follow-up discussion, followed up by a tour around the school;
- Cultural exchange: food market stall to make students familiar with cultural differences and Portugal dishes; International food market stalls; Sharing traditional songs and dances in the native languages; A farewell party attended by participants, host students, parents, and school staff;
- Meeting with the Mayor of Benavente to introduce the project;



## 2nd Mobility - «No More Exposed to Disinformational Media» - Portugal



- Cultural tours/outdoor learning activities: field trips in Benavente County; “Leave your mark in Benavente” (teachers only); the furthest western part of Europe “Where the land meets the Ocean”; «Touring Lisbon» (during the tour, students chose their topic and created a story about Lisbon involving information/disinformation);
- Attendance of classes in the host school to see interdisciplinary works and presentations of guest schools in Portuguese classes;
- Workshops: «Dealing with disinformation, mal-information and misinformation»; The differences between disinformation, mal-information and misinformation; Talking with Microsoft staff members (live and online); «Fake it – spot the fake news”. Can you spot it?»; Making A storyboard for a video to educate internet users about dis/mis/mal-information; "Creating and analysing true/fake news/stories about Lisbon;
- Workshops for teachers about the best examples of blended learning in MIL: Blended learning; Appreciating the result of the storyboard; Preparing 2nd e-booklet about activities of the 2nd LTT;
- Conclusions and evaluation of the LTTA: Questionnaire on the organisation; Sealing/ Certificates.





## 2nd Mobility - «No More Exposed to Disinformational Media» - Portugal - *Photo dump*



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# «We are against cyberbullying»

## Türkiye



Türkiye mobility occurred between the 25th-29th of April 2022 in **Eskişehir** and was actualized by the participation of 20 pupils and 8 teachers from Poland, Latvia, Portugal and Italy.

The main objectives of the Türkiye mobility were to analyse the cases of European schools regarding cyberbullying issues and to make all schools a cyber-safe place and carry "the cyber-safe place" concept to families as well. The methodology of the mobility included collaborative learning, critical thinking, using visuals, debates, task cards, seminars and workshops.

As for the intangible result of the mobility, the participants developed emphatic thoughts about cyber-bullying, enhanced social reasoning skills, were made aware of how to use the internet and of the manipulation of social media, and boosted their self-confidence, and sense of initiative.



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## 3rd Mobility - «We are against cyberbullying» - Türkiye

During the week there were learning and teaching activities about cyberbullying and PBL (project-based learning), as well as, socio-cultural activities, such as a trip to Bursa and İstanbul, *iftar* with Türkiye's families, and Ebru Sanati workshop.

### Main activities:

- Icebreaker to get welcome at school the participants and tour around the school under the guidance of pupils;
- Opening Ceremony: Introducing project/program;
- Group dynamic: Team building activities, by Türkiye;
- Energizers: each morning, a partner country was responsible for promoting an icebreaker group dynamic;
- Cultural exchange: a presentation about Türkiye's Ramadan culture, followed by presentations of other countries; a food market stall to make students familiar with cultural differences and Türkiye's dishes/sweets; International food market stalls; meeting and dining with Türkiye's families; sharing traditional songs and dances in the native languages; a farewell dinner attended by participants, host students, and teachers;





## 3rd Mobility - «We are against cyberbullying» - Türkiye

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- Cultural tours / outdoor learning activities: Sightseeing in the city centre of Eskişehir; trip to Bursa: Cumalıkızık; trip to Sazova Park; Ebru Sanati (Paper Marbling) Workshop; Sightseeing activities in the Odunpazarı region; All day trip in Istanbul (a typical breakfast in Vezirhan; Visiting Topkapı Palace/Sultan Ahmet/Hagia Sophia);
- Workshops on «We are against Cyberbullying» (Mentimeter activity; presentation on Cyberbullying; Freeze Framing Bullying; “Breaking your own news activity”; PSA (writing scenarios for video shooting - students shot the videos in Sazova Park); Kahoot game concerning cyberbullying;
- Project-Based Learning workshop, for teachers; preparing the 3rd e-booklet and newsletter about this LTT activities;
- Conclusions and evaluation of the LTTA: Questionnaire on the organisation; Certification.





## 3rd Mobility - «We are against cyberbullying» - Türkiye - *Photo dump*



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# 4th Mobility

## «We are presenting Media in different ways»

### Latvia



The fourth mobility, under the slogan "We are presenting media in different ways, occurred between the 26th-30th of September 2022 at Daugavpils Valstspilsētas vidusskola, in Latvia, **Daugavpils**. Eight teachers and twenty students from Türkiye, Italy, Portugal and Poland, plus the Latvian team, attended the meeting.

The participants improved their creativity and communication skills by working in teams formed by students from different countries and developed collaborative and critical thinking skills by participating in workshops on the topic and ice-breaking activities.

They gained the knowledge and skills to critically evaluate information on the internet and different social media sites, they gained also an understanding of the characteristics of different media and they had an opportunity to practice the methods how to detect the fake news.





## 4th Mobility - «We are presenting Media in different ways» - Latvia

Participants got acquainted with the working conditions, broadcasting equipment and specifics of a journalist job at the TV House. They also improved their news-spotting abilities and their digital skills, practised and developed their journalistic skills, and practised using the same story information by telling the story through different means of media to highlight each unique media form has a different way of presenting the information.

The participants also enriched intercultural awareness by taking part in guided tours and food market stalls.

### Main activities:

- Icebreaker: a guided tour around the centre of Daugavpils and visiting Church Hill;
- Welcome ceremony at Daugavpils Valstspilsētas vidusskola: Welcoming event; Video about the school and Latvia; A tour around the school under the guidance of students; Celebrating European Day of Languages by playing Kahoot; Joining traditional dances of Latvia;
- Cultural exchange: International food market stalls; sharing traditional songs and dances in the native languages; A farewell party attended by participants, host students, parents, and school staff;





## 4th Mobility - «We are presenting Media in different ways» - Latvia



- Cultural tours / outdoor learning activities: A trip to Aglona: A guided tour at World War II Museum; Visiting Aglona's Basilica; A guided tour at the Bread Museum and making one's loaf of rye bread; Visiting King's Hill; An afternoon walk to Velnezers Lake; A guided city tour "Daugavpils through tram windows"; A trip to Riga – the capital city of the Republic of Latvia: Visiting the State TV House;
- Workshops: Presentations of guest institutions "This is us!"; Ice-breaking activity – an aircraft made by teams mixed from different countries; Preparing Digital Citizenship Week posters; Workshop "My Media Plate"; "Detecting Fake News" at the USA Information Centre (Information and practice);
- At the State TV House (where different media work like TV, radio and online platforms, and doing the workshop about "Is it news?" ) - the visit was hosted by the Latvian State television journalist, a hosting school graduate. Under his guidance, the students and their teachers were introduced to the work of various TV programs as well as they got acquainted with technical equipment for broadcasting; Preparing news reports (in social media; a newspaper, YouTube; on the radio, on TV);
- Workshops for teachers about the best examples of ICT-based teaching in MIL;
- Conclusions and evaluation of the LTTA: Questionnaire on the organisation; Sealing/ Certificates.





## 4th Mobility - «We are presenting Media in different ways» - Latvia - *Photo dump*



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# 5th Mobility

## «We are producers of Media»

### Italy



The fifth mobility, under the slogan " «We are producers of Media» took place between the 14th - 18th of November 2022 at the Liceo Classico “Federico Frezzi – Beata Angela”, in Foligno, Italy. Eight teachers and twenty students from Türkiye, Latvia, Portugal and Poland, plus the Italian team, attended the meeting.

The students developed their skills in dealing with media that may harm their self-esteem or sense of self-worth. They were challenged in different ways of finding, using, thinking about, and making media in an academic and professional environment; so, they developed good practices for creating media products.

Critical thinking skills were developed by understanding how media is constructed.





## 5th Mobility - «We are producers of Media» - Italy

### Main activities:

- Welcome ceremony: Live Concert; Principal's Welcoming Speech; Introductory Panel: 'Voices from the Classroom'; Presentation on The Erasmus Project; a tour around the school;
- Energizers: each morning, a partner country was responsible for promoting an icebreaker group dynamic;
- Cultural exchange: International food market stalls; Visit: The City Hall; Local Folklore: "Baroque Orchestra", dance performances and "gift-giving"; Sharing traditional songs and dances in the native languages; A farewell party attended by participants, host students, parents, and school staff;
- Cultural tours / outdoor learning activities: Walking Tour: 'Discovering the City Centre'; Guided Tour: Calamita Cosmica, Clarici Oil Mill; Guided Tour: Palazzo Trinci; Visit: The Quintana Museum; Guided Tour: Assisi; A Day in Florence;
- Workshops: Broadcasting Session, School Radio Station; Roundtable Discussion on 'Connected but Alone?'; Roundtable discussions on the Key Concepts;
- Workshops for teachers on Cyberbullying: lesson planning and production of teaching/educational materials;
- Evaluation of the LTT; Farewell and "Awards Ceremony".





## 5th Mobility - «We are producers of Media» - Italy - *Photo dump*



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# Outputs



## Outputs of the project

- Increased level of media and information literacy;
- 5 workshops on innovative teaching methods;
- 7 workshops on the importance of media and information literacy/education (MIL);
- 5 digital e-books;
- 1 digital book as a final and joint product;
- Positive Digital Impact and Digital Citizenship Week posters and digital citizenship videos;
- Recording podcasts about digital rights;
- Conception and implementation of social media literacy strategic plan (each school will adapt it to its context);
- A storyboard on mis/dis/mal-information;
- Lesson plans on the internet and social media addiction;
- A dictionary/glossary of useful terms related to digital media literacy;
- Posters, brochures and video/audio files on digital citizenship.





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# Links

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Project's Social Media platforms and website:



<https://www.facebook.com/profile.php?id=100063835578121>



[https://instagram.com/message\\_is\\_got?igshid=YmMyMTA2M2Y=](https://instagram.com/message_is_got?igshid=YmMyMTA2M2Y=)



[www.aebenavente.pt/messageisgot](http://www.aebenavente.pt/messageisgot)



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